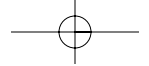


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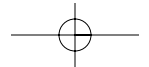
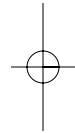
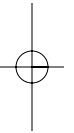
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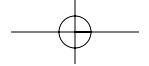


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MARLA BERG-WEGER, University of Wherever, is a seasoned writing instructor who has taught all levels of college composition, first at Youngstown State University in northeastern Ohio and then at Slippery Rock University in western Pennsylvania. He has written a number of companion texts for McGraw-Hill, including *The Student Writer: Editor and Critic*. He is a frequent presenter at national and regional conferences, and he often conducts workshops for writing teachers.



DEDICATION



fdd_tx

This is dedicated to the one I love.

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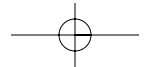
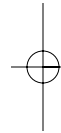
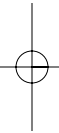
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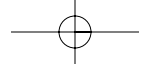
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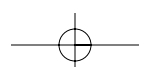
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Social Work Perspectives and Methods 000
Fields of Social Work Practice 000
Social Work Practice with Individuals and Families 000
Social Work Practice with Groups 000
Social Work Practice with Organizations and Communities 000
The Social Work Profession 000



ffm_tt_a FRONTMATTER TITLE

ffm_tx_a You are considering a lifetime career as a generalist social worker. This book provides you with an introduction to the knowledge, skills, and values that are essential for working with individuals, families, groups, organizations, and communities.

If you are reading this book, you are probably enrolled in your first social work class. You may have decided to pursue a degree in social work, you may be investigating the possibility of working on a degree in the field, or you may be selecting the course as an interesting elective. Regardless of your reasons for taking a social work course, it is my hope that this book will be an introduction to social work that will excite and inspire you about the profession.

ffm_ha_a THIS IS A SAMPLE AHEAD

A significant number of social work professionals are engaged, in whole or in part, in policy development and analysis, advocacy, supervisory, administrative, and fundraising activities. A sampling of these areas include:

- ffm_lb_a • Social casework/case management—conducting needs assessments, providing information and referrals, and accessing resources
- Medical social work—serving as a case manager and counseling around specific health-related issues
- Clinical social work—counseling individuals, families, and groups in such settings as hospitals, schools, mental health facilities, and private practices

While still considered by many authorities to be the preferred method for providing aid, “indoor relief” eventually gave way to “outdoor relief,” the provision of services outside the institutional setting. Efforts to integrate capitalistic individualism and charitable altruism have not always been successful, often resulting in a “patchwork of programs” (Reid, 1995, p. 2209).

ffm_au_a **Author Lastname**

ffm_af_a *University of Wherever*

fpr_tt PREFACE

fprop_tx *Social Work* — Before reading further, stop and consider that these words mean to you. The concept has taken on numerous, changing definitions since the idea emerged centuries ago. In our daily lives, you have likely heard of social work and possibly even met social workers, but you may not thoroughly know about the social work profession and its possibilities and contributions to the world.

fprop_et If you are reading this book, you are probably enrolled in your first social work class. You may have decided to pursue a degree in social work, you may be investigating the possibility of working on a degree in the field, or you may be selecting the course as an interesting elective.

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fpr_ha ORGANIZATION OF THE BOOK

fpr_tx You are considering a lifetime career as a generalist social worker. This book provides you with an introduction to the knowledge, skills, and values that are essential for working with individuals, families, groups, organizations, and communities.

fpr_hb Chapter 1

fpr_hc *A Glimpse into the World of Social Work*

We will begin our journey into understanding the profession of social work by exploring the definition of social work, the ways the social workers help people, the people with whom social workers work, and the places where social workers practice. We will conclude the first chapter of our exploration by ex-

amining the contribution of social work to the helping professions and the way that you can become a social worker. In this first chapter, you will meet Emily. Throughout the book, you will follow Emily as she experiences being a social work student and later a social work practitioner. I hope reading about Emily's experiences will help you learn about the breadth of the social work profession and enable you to gain a sense of the passion that she has for her chosen career.

Chapter 2

The History of Social Work and Social Welfare

To understand the profession social work, it is critical to understand where the profession began and the paths that social work, as a profession, has taken. Our history is one rich in diversity, controversy, and dedication.

We will begin our exploration of the history of social work profession with a look at events that occurred as early as the 14th century and examine the highlights all the way to the dawn of the 21st century. Along with reviewing the history of services provided by social workers, we will examine the evolution of the profession itself.

fpr_lb

- Social casework/case management—conducting needs assessments, providing information and referrals, and accessing resources
- Medical social work—serving as a case manager and counseling around specific health-related issues
- Clinical social work—counseling individuals, families, and groups in such settings as hospitals, schools, mental health facilities, and private practices

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NOTES

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1. Social work is a professional activity that provides the opportunity to work with individuals, families, groups, organizations, and communities.
2. Social work is a professional activity that provides the opportunity to work with individuals, families, groups, organizations, and communities.

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ACKNOWLEDGMENTS



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Matt DeLisi, Iowa State University

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David F. Machell, Western Connecticut State University

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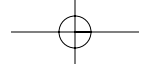
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GENERAL INTRODUCTION



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Action indeed is the sole medium of expression for ethics.

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—JANE ADDAMS

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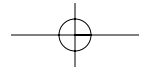
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ORGANIZATION OF THE BOOK

You are considering a lifetime career as a generalist social worker. This book provides you with an introduction to the knowledge, skills, and values that are essential for working with individuals, families, groups, organizations, and communities.



CHAPTER 1

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A Glimpse into the World of Format Design

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ASK SOCIAL WORKERS WHAT DREW THEM TO THE PROFESSION and you will hear one common message: They liked the idea that they would be helping to make better or enhance people's lives. What led them to choose social work? Did they consider one of the other helping professions, such as psychology, sociology, teaching, or medicine? As you will learn throughout this book, social work is unique from other helping disciplines because of its broad scope of concern, its strong core values, and its commitment to social and economic justice.

The health professions emphasize the value of the interdisciplinary team approach. Social work and other helping professions certainly overlap, and social workers have adopted useful knowledge from many of these professions. However, social work is also distinctive in a number of ways (see Exhibit 1.1).

This chapter will illustrate the meaning of social work. In the remaining chapters, a more detailed picture of what social work is and what you need to learn to be an effective social worker.

A DEFINITION OF SOCIAL WORK

Developing an accurate and comprehensive definition of social work requires an expansive view of the profession and the positions that social workers hold.

bch_tx

As you might already know, social workers are employed in such helping institutions as schools, hospitals, mental health facilities, older adult service programs, and children's residential settings.

What Do Social Workers Do?

In 2000, a federal government study found that approximately 468,000 people were employed as social workers (U.S. Department of Labor, 2002b). What do

BOX 1.1

What Makes Social Work Unique

DISCIPLINE	SIMILARITIES WITH SOCIAL WORK	DIFFERENCE FROM SOCIAL WORK
Psychology	1) Both are practice professions 2) At the graduate level, both are trained to provide psychotherapy 3) Both may work in the same settings and with the same clients	1) Psychology focuses in internal issues as the source of the problem/Social work focuses on the person within the environment (PIE) 2) Psychology focuses on the individual as the target of the intervention/Social work interventions encompasses the individual and those in his/her environment 3) Psychologists administer and interpret psychological tests/Social workers are typically not trained in this area of practice 4) In some states, psychologists can prescribe medications/Social workers cannot 5) Clinical practice often requires a Ph.D for psychologists and an MSW for social workers (social workers are licensed to practice in many states.
Sociology	1) Both are interested in the patterns of behaviors of people	1) Sociology is not a practice profession, but a social science that considers the population, often in the context of communities
Health Professionals (nursing and medicine, in particular)	1) Both are practice professions 2) Both recognize the influence of health on well-being 3) Both work in community/hospital settings with the same patients 4) Both have generalist and specialist expertise	1) Health professions often focus primarily on physical health issues, which social work assessments include biological, psychological and social perspectives/factors 2) Social workers are expert about community resources

continued

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DISCIPLINE	SIMILARITIES WITH SOCIAL WORK	DIFFERENCE FROM SOCIAL WORK
Health Professionals <i>continued</i>		3) Physicians and some nurses can prescribe medications/Social workers cannot
Marriage and Family Counseling	1) Both are practice professions 2) At the graduate level, both are trained to provide psychotherapy 3) Both have licensing and certification requirements 4) Both can conduct clinical practice with a master's degree	1) Like psychologists, counselors focus primarily on the individual as the source of the problem for assessment and intervention 2) Counselors are not typically trained in community practice (e.g., advocacy, organizing, etc.)/social work training emphasizes competence at the individual/family/community levels

¹Additional sources used here include: Ginsburg, 2001; Peck, 1999.

BOX 1.1
continued

they all do? More than two-thirds of them are engaged in direct practice, in which they work with individuals, couples, families, and small groups (Gibelman & Schervish, 1997). More than two-thirds of them are engaged in direct practice, in which they work with individuals, couples, and families.

How does the profession define social work? In 1973, the National Association of Social Workers (NASW), the professional organization for the social work profession, established a definition of **social work** that remains relevant today:

EXTRACT TITLE

Social work is the professional activity of helping individuals, groups or communities to enhance or restore their capacity for social functioning and creating societal conditions favorable to this goal (p. 4).

The NASW definition includes four basic goals for the profession: (1) linking people to resources; (2) providing direct services to individuals, families, and groups; (3) helping communities or groups provide or improve social and health services; and (4) participating in relevant legislative processes (NASW, 1973, pp. 4-5). The populations, health crises, social conditions, and ethical dilemmas with which social workers are engaged may vary, but the work tran-

scends time and individual circumstances because of its all-encompassing nature.

bch_ha

THE WORK OF SOCIAL WORK

bch_et_a

Consider the experiences of a mid-career social worker named Emily. Like many of her professional counterparts, Emily has worked in a number of different social work positions and settings. Early in her career, she worked in the public welfare system in several different areas ranging from child protective services to services for older adults and persons with visual impairments to outreach work in a domestic violence program. Later, Emily obtained a graduate degree and, over the years, held social work positions in a mental health center, home health agency, hospital, and medical outpatient clinic.

A significant number of social work professionals are engaged, in whole or in part, in policy development and analysis, advocacy, supervisory, administrative, and fundraising activities. A sampling of these areas include:

bch_lb

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- **Social casework/case management**—conducting needs assessments, providing information and referrals, and accessing resources
- **Medical social work**—serving as a case manager and counseling around specific health-related issues
- **Clinical social work**—counseling individuals, families, and groups in such settings as hospitals, schools, mental health facilities, and private practices

While still considered by many authorities to be the preferred method for providing aid, “indoor relief” eventually gave way to “outdoor relief,” the provision of services outside the institutional setting. Efforts to integrate capitalistic individualism and charitable altruism have not always been successful, often resulting in a “patchwork of programs” (Reid, 1995, p. 2209).

bch_hc

Settlement House Movement. Originating in England, the settlement house is a facility based in a geographically-bound neighborhood whose purpose is to

provide a center for the “neighbors” to come together for educational, social, and cultural activities.

bch_hb

How Does the Social Work Profession Define Ethics?

bch_qd

bch_qdau

Action indeed is the sole medium of expression for ethics.

—JANE ADDAMS

bch_tx

Many professions have developed a standardized approach to guide their members in establishing a competent and effective practice. As the quote from Jane Addams implies, ethics is defined by action. By definition, a **code of ethics** is a document, created by the members of the profession, that provides specific guidelines for appropriate and expected professional behaviors (Barker, 2003). The behavioral expectations are rooted in the values and ethical standards deemed acceptable by the profession.

bch_hb

Intervention with Organizations and Communities

bch_et_a

Using the data from Emily’s needs assessment, the ad hoc committee developed the following plan:

bch_etlb_a

- *Goal: Develop a plan to establish a tutoring program to be implemented by the start of the next school year building on the assets and capacities of the neighborhood residents.*

bch_etlb_b

- *Objectives:*
 - *Using information gathered from the Board of Education and other tutoring programs, develop a schedule, curricular plan, budget, and staffing coverage*
 - *Present plan to the ad hoc committee and Council for approval*
 - *Publicize the program to neighborhood parents and youths and school personnel*

bch_et_a

After receiving approval for the plan from both the ad hoc committee and the Council, Emily and caroline implemented the intervention by developing a curricular plan for tutoring and a training program for the tutors, obtained funding from


bfbnt_tt_a

<http://www.inform.umd.edu/EdRes/Topic/Diversity/>

From the University of Maryland, a fine site of links and resources, including a dictionary of diversity-related terms.

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From the University of Maryland, a fine site of links and resources, including a dictionary of diversity-related terms.

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www.mhhe.com/berg1

From the University of Maryland, a fine site of links and resources, including a dictionary of diversity-related terms.

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bch_et_a *the agency for supplies and refreshments, recruited volunteers to serve as tutors, and advertized the program to parents, youth, and teachers.*

bch_tx The social workers that developed the following working statement also conceptualized a list of objectives that were (and still are) essential for the practice of social work (Minahan, 1981, p. 6).

bch_et Social workers focus on a person-and-environment in interaction. To carry out their purpose, they work with people to achieve the following objectives:

- bch_et_lb**
- The environment (social, physical, and organizational) should provide the opportunity and resources for the maximum realization of the potential and aspirations of all individuals, and should provide for their common human needs and for the alleviation of distress and suffering.
 - Individuals should contribute as effectively as they can to their own well-being and to the social welfare of others in their immediate environment as well as to the collective society.
 - Clients of social workers may be an individual, a family, a group, a community, or an organization.

bch_tx Many professions have developed a standardized approach to guide their members in establishing a competent and effective practice. As the quote from Jane Addams implies, ethics is defined by action. By definition, a **code of ethics** is a document, created by the members of the profession, that provides specific guidelines for appropriate and expected professional behaviors (Barker, 2003). The behavioral expectations are rooted in the values and etgical standards deemed acceptable by the profession.

- bch_ln**
1. Social work is a professional activity that provides the opportunity to work with individuals, families, groups, organizations, and communities.
 2. Almost half a million people in the United States are practicing social workers.
 3. Social workers can obtain degrees at the baccalaureate, masters, and doctoral levels.

bch_tx Many professions have developed a standardized approach to guide their members in establishing a competent and effective practice. As the quote from Jane Addams implies, ethics is defined by action. By definition, a **code of ethics** is a document, created by the members of the profession, that provides specific guidelines for appropriate and expected professional behaviors (Barker,

bchxb_ha**YOU'LL NEED A SOCIAL WORKER . . .**

- | | |
|---|--|
| When you come into the world too soon | When you miss your big brother |
| When you can't find anyone to play with | When you don't like how the neighbor touches you |
| When you are left home alone | When you get into fights at school |
| When you hate the new baby | When you don't make the team |
| When you don't think your teacher likes you | When your best friend moves away |
| When you are bullied | When you get poor grades |
| When you don't want your mommy and daddy to divorce | When you always fight with your siblings |

bchxb_lu**BOX 1.2***Who Needs a Social Worker?*

2003). The behavioral expectations are rooted in the values and etgical standards deemed acceptable by the profession. The behavioral expectations are rooted in the values and etgical standards deemed acceptable.

bch_lu

Social work is a professional activity that provides the opportunity to work with individuals, families, groups, organizations, and communities.

Almost half a million people in the United States are practicing social workers.

Social workers can obtain degrees at the baccalaureate, masters, and doctoral levels.

bch_tx

Many professions have developed a standardized approach to guide their members in establishing a competent and effective practice. As the quote from Jane Addams implies, ethics is defined by action.

bcesu_tt**MAIN POINTS****bcesu_lb**

- Social welfare is the system of programs and services that respond to social and economic needs and injustices
- The first organized attempt at mandating the provision of social services was the 1349 Statutes of Labourers that designated categories of need in England
- Social welfare is the system of programs and services that respond to social and economic needs and injustices

Sample of 29p wide box containing a short list

BOX 1.4
Top Ten Reasons for Being a Social Worker

10. Help People
9. Do What Counts
8. Practice Your Principles
7. Foster Success Stories
6. Match Skills with Life's Xhallenges
5. Change the Future
4. Make the World a Better Place
3. Satisfaction Guaranteed
2. World-Class Peers
1. Career of Champions

Source: National Association of Social Workers

bchbc_ln

bch_nm

CHAPTER 3

bch_tt

U.S. Poverty and the Implications for Format Design

bchbc_so

bch_potx

Set line-for-line with same indents as per MS. Center as a unit in 29p text width.

*How did I get to be eighty
 And
 Never
 Get over
 Being
 Poor?*

*When I was little
 I was poor.
 But playing
 And
 Dreaming
 Kept some of the pain
 Of
 Being poor
 Away*

*And my folks
 Kept
 Lots of worries from me.
 Till
 The fever got him
 And
 The Lord took him
 And I had to go to welfare.
 Then
 They cut that—some.*

*Reverend,
 Do people born poor
Have
 To stay thay way—always?
 Ain't there any other way—
 Even when we get to be eighty?
 Does "poor" always have to be
 A
 Life sentence?*

bceex_tt

EXERCISES AND ACTIVITIES

bceex_tx

The first organized

bceex_ha

This is a Sample of an Exercise Head

bceex_in

1. Social work is a professional activity that provides the opportunity to work with individuals, families, groups, organizations, and communities.
2. Social work is a professional activity that provides the opportunity to work with individuals, families, groups, organizations, and communities.

bch_pofn

From "If . . . A Big Word With the Poor," by Don Bakely, Faith & Life Press, Newton, Kansas. Used with permission.

ADDITIONAL SAMPLE EXHIBITS

BOX 5.1

Elements of Culturally Competent Social Work Practice

- *Ethics and Values*—Within the context of the client’s system’s culture, the profession’s values mandate that social workers respect the individual and her/his right to self-determination and confront any ethical dilemmas that result from conflicts.
- *Self-Awareness*—Culturally competent social workers are responsible for being aware of their own cultural identities as well as “knowing and acknowledging how fears, ignorance, and the ‘isms’ have influenced their attitudes, beliefs, and feelings.”
- *Cross-Cultural Knowledge*—Baseline and ongoing knowledge of cultures other than one’s own is an expected component of culturally competent practice.
- *Cross-Cultural Skills*—Because culturally effective social workers intervene with a wide range of people who are different from them, they must remain open to learning new knowledge and skills.
- *Service and delivery*—Interacting with co-workers, agencies, and the community to maintain awareness of cultural diversity and to ensure the provision of culturally competent services is critical to effective practice.

bchxb_lb

bchxb_ln

bchxb_lu_a

bchxb_ln

bchxb_lu_a

1. *Clients*: This grouping of ethical standards addresses our responsibilities to clients, including the topics of:

- | | |
|-----------------------|--------------------------------------|
| commitment to clients | client’s right to self-determination |
| informed consent | competence and diversity |
| conflicts of interest | privacy and confidentiality |
| access to records | sexual relationships and harassment |

2. *Colleagues*: Ethical responsibilities in this standard relate to collegial behaviors, including guidelines for:

- | | |
|---------------------------------|-------------------------------|
| respect | confidentiality |
| interdisciplinary collaboration | disputes involving colleagues |
| consultation | referral for services |

BOX 6.2

Ethical Standards for Social Workers

Below: Example of when pt. size of heads and text may need to be reduced in order to fit maximum box width

A Model for Understanding Human Sexuality

Box Subtitle

- *Ethics and Values*—Within the context of the client’s system’s culture, the profession’s values mandate that social workers respect the individual and her/his right to self-determination and confront any ethical dilemmas that result from conflicts.
- *Self-Awareness*—Culturally competent social workers are responsible for being aware of their own cultural identities as well as “knowing and acknowledging how fears, ignorance, and the ‘isms’ have influenced their attitudes, beliefs, and feelings.”
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bchbb_tt

bchbb_st

bchbb_lb

bchxb_tbcn

bchxb_tbtx

bchxb_tbln

bchxb_tbla

PRACTICE ETHICAL ISSUES	ETHICAL PRINCIPLE(S)	PERSONAL BIASES	ACTION(S) OPTIONS	POTENTIAL CONSEQUENCES OUTCOME	ACTION(S) TAKEN	MONITOR/EVALUATE EFFECTIVENESS
Client’s request to not report the sexual abuse	1) Protection of human life	I think the mother is at fault.	a) Report the abuse to the public agency despite her opposition	a) Report is made, but client’s trust is lost	Jointly work with client to make report	Check with client at each step to determine her sexual safety
	6) Privacy and confidentiality		b) Work with client to make the report together	b) Build trust with client so report can be made		
Client’s request to not contact her mother	6) Privacy and confidentiality	I think her mother must be contacted	a) By reporting to the public agency, the mother is contacted despite her opposition	a) Mother is contacted, but client’s trust is lost	Jointly work with client to contact her mother	Check with client at each step to determine her trust comfort levels with contacting mother

BOX 6.4


Ethical Decision Making in Carla’s Case

ADDITIONAL SAMPLES

BOX 2.3

*Profile in Innovation:
Jane Addams (1860-1935)*

bchxb_ct



9p wide photo

Synonymous with the origins of social work in the United States, Jane Addams opened Chicago's Hull House in 1899. Partnering with Ellen Gates, Addams established Hull House after visiting the original settlement house, Toynbee Hall, in London. Ever the activist, Addams fought for improved sanitary conditions in Chicago and, as a result, was appointed neighborhood sanitation inspector.

EXHIBIT A-HEAD

A Quaker and a staunch pacifist, her contributions go far beyond the work of Hull House. She was a community organizer, peace advocate, 1931 Nobel Peace Prize winner, and one of only two social workers inducted into the Hall of Fame of Great Americans.

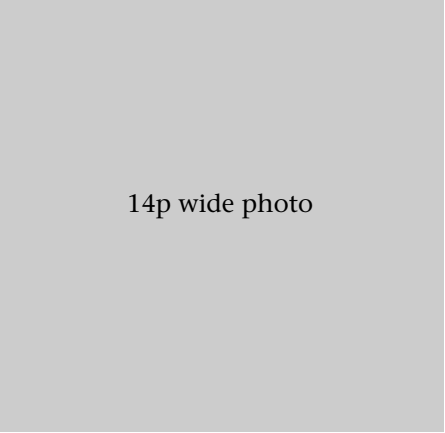
Exhibit B-head

Her dedication to the issue of world peace resulted in her active involvement in a number of peace organizations, including the Women's Peace Party, the National Progressive Party, and the Women's International League for Peace and Freedom. She accomplished all of this despite the fact that as a woman she did not acquire the right to vote until 1920.

Source: Barker, 2003; NASW, 1998; Quam, 1995.

bchxb_fn

bchxb_ct



14p wide photo

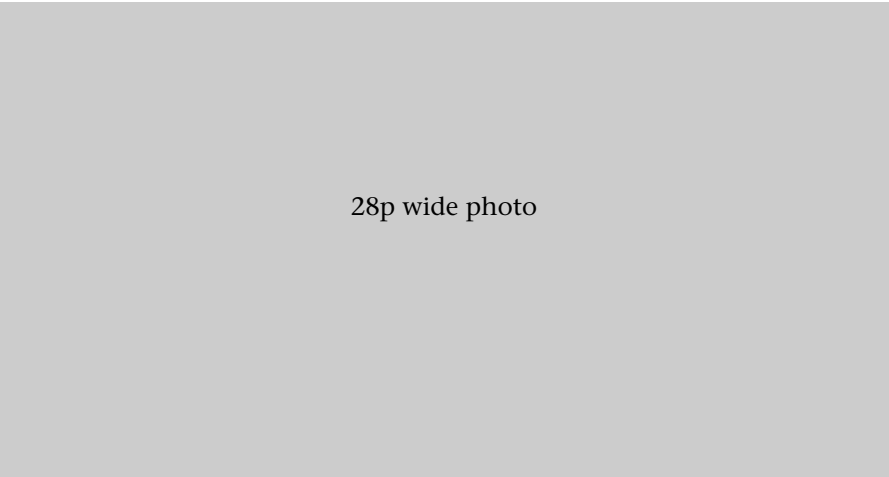
The "foremother" of American professional social work, Mary Richmond was a social activist and prolific writer on social issues. Starting out as a treasurer for a Maryland COS, Richmond also served as a friendly visitor. In 1897, Richmond, then secretary of the Charity Organization Society of Baltimore, delivered a speech at the National Conference of Charities and Corrections in which she said "we owe it to those who shall come after us that they shall be spared the groping and blundering by which we have acquired our own stock of experience." Richmond argued that workers needed training as "relief and child-saving agents" with "shoulder-to-shoulder contact which makes cooperation natural and inevitable."

She went on to state that theory and practice should be concurrent, with students beginning in a general area of study and moving into a specialization—the model still used as the basis of social work education today.

BOX 6.2

*Profile in Innovation:
Mary Richmond (1861-1928)*

bchxb_ct



28p wide photo

The "foremother" of American professional social work, Mary Richmond was a social activist and prolific writer on social issues. Richmond argued that workers needed training as "relief and child-saving agents" with "shoulder-to-shoulder contact which makes cooperation natural and inevitable."

BOX 6.2

*Profile in Innovation:
Mary Richmond (1861-1928)*

Many professions have developed a standardized approach to guide their members in establishing a competent and effective practice. As the quote from Jane Addams implies, ethics is defined by action. By definition, a **code of ethics** is a document, created by the members of the profession, that provides specific guidelines for appropriate and expected professional behaviors (Barker, 2003). The behavioral expectations are rooted in the values and ethical standards deemed acceptable by the profession. Many professions have developed a standardized approach to guide their members in establishing a competent and effective practice.

X is correct, therefore Y is correct. This is an equation.

Social workers can obtain degrees at the baccalaureate, masters, and doctoral levels. As the quote from Jane Addams implies, ethics is defined by action. By definition, a **code of ethics** is a document, created by the members of the profession, that provides specific guidelines for appropriate and expected professional behaviors (Barker, 2003). The behavioral expectations are rooted in

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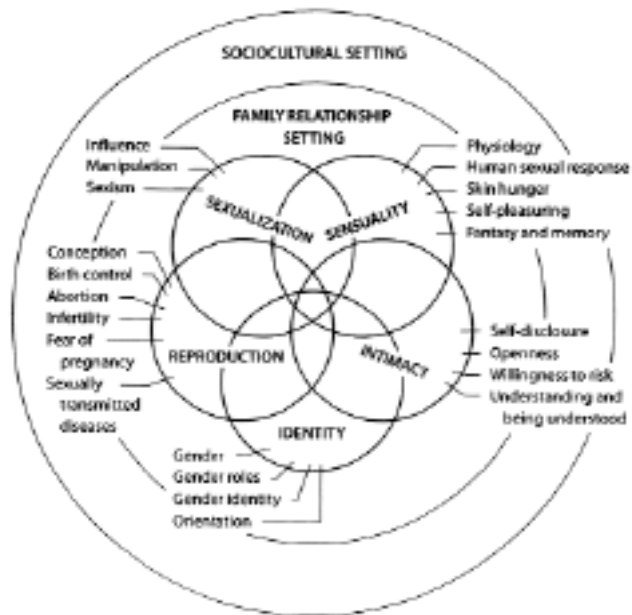
bch_eq

bchxb_ct

SAMPLE EXHIBITS CONTAINING A FIGURE/ART

BOX 8.1

A Model for Understanding Human Sexuality



Developed by Dennis Dailey, University of Kansas School of social Welfare. Based on "The Components of Sexuality," by H. L. Gochros, J. S. Gochros, and J. Fischer, in *Helping the Sexually Oppressed*, edited by J. S. Gochros and J. Fischer, 1986. Englewood Cliffs, NJ: Prentice-Hall. Reprinted with permission of Dennis Dailey.

bchxb_ct

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bch_ld

- Step 1. Social work is a professional activity provides the opportunity to work with individuals, families, groups, organizations, and communities.
- Step 2. Almost half a million people in the United States are practicing social workers.
- Step 3. Social workers can obtain degrees at the baccalaureate, masters, and doctoral levels.

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bch_ettt

bch_dl

- JOHN: Social work is a professional activity provides the opportunity to work with individuals, families, groups, organizations, and communities.
- EDUARDO: Almost half a million people in the United States are practicing social workers.
- JOHN: Social workers can obtain degrees at the baccalaureate, masters, and doctoral levels.

Many professions have developed a standardized approach to guide their members in establishing a competent and effective practice. As the quote from Jane Addams implies, ethics is defined by action.

bchxb_ct

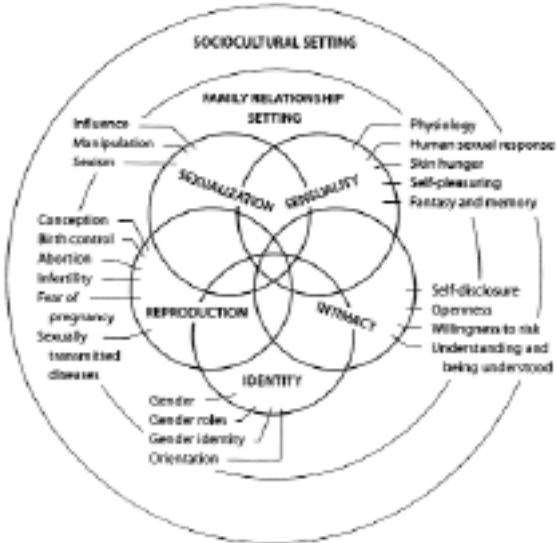
bch_ea

For Example: You ought to tell the truth. Physicians often tell the truth to patients, but not always. Do your own research to be sure they are not pushing the latest new drug from pharmaceutical companies. All good girls and boys tell the truth.

Same as above except set x 29p with caption below figure in order to resolve a space problem.

BOX 8.1

A Model for Understanding Human Sexuality



Developed by Dennis Dailey, University of Kansas School of social Welfare. Based on "The Components of Sexuality," by H. L. Gochros, J. S. Gochros, and J. Fischer, in *Helping the Sexually Oppressed*, edited by J. S. Gochros and J. Fischer, 1986. Englewood Cliffs, NJ: Prentice-Hall. Reprinted with permission of Dennis Dai-

bchxb_ct

bch_ea

This is a D-Head How does the profession define social work? In 1973, the National Association of Social Workers (NASW), the professional organization for the social work profession, establish a definition of **social work** that remains relevant today:

EXTRACT TITLE

Social work is the professional activity of helping individuals, groups or communities to enhance or restore their capacity for social functioning and creating societal conditions favorable to this goal (p. 4).

Extract A-Head

To carry out their purpose, they work with people to achieve the following objectives:

- The environment (social, physical, and organizational) should provide the opportunity and resources for the maximum realization of the potential and aspirations of all individuals, and should provide for their common human needs and for the alleviation of distress and suffering.

Many good people never go beyond high school or ever graduate from college due to their lack of enthusiasm.

Many good people never go beyond high school or ever graduate from college due to their lack of enthusiasm.

Many good people never go beyond high school or ever graduate from college due to their lack of enthusiasm.

– John G. Adams. *What We Know*. University Press. UCSB, Santa Barbara, CA (1998).

The NASW definition includes four basic goals for the profession: (1) linking people to resources; (2) providing direct services to individuals, families, and groups; (3) helping communities or groups provide or improve social and health services; and (4) participating in relevant legislative processes (NASW, 1973, pp. 4-5).

Case Study Title

The NASW definition includes four basic goals for the profession: (1) linking people to resources; (2) providing direct services to individuals, families, and groups; (3) helping communities or groups provide or improve social and health services; and (4) participating in relevant legislative processes (NASW, 1973, pp. 4-5).

bch_hd

bch_ett

bch_et

bch_etha

bch_etlb

bch_etlu

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Web Sites for World War II

- http://www.xxxx.xxxx/xxxx/
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- http://www.xxxx.xxxx/xxxx/xxxxx/xx
- http://www.xxxx.xxxx/xxxx/xxxxx

Reading text 9/12.5 Stone Serif. Reading elements set **same** as chapter except downsized .5pt in size and leading. Reduce spacing above/below proportionally.

1 Reading Title

Reading Subtitle

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READING BOX 8 *A Model for Understanding Human Sexuality*

Reading Box Author

Affiliation

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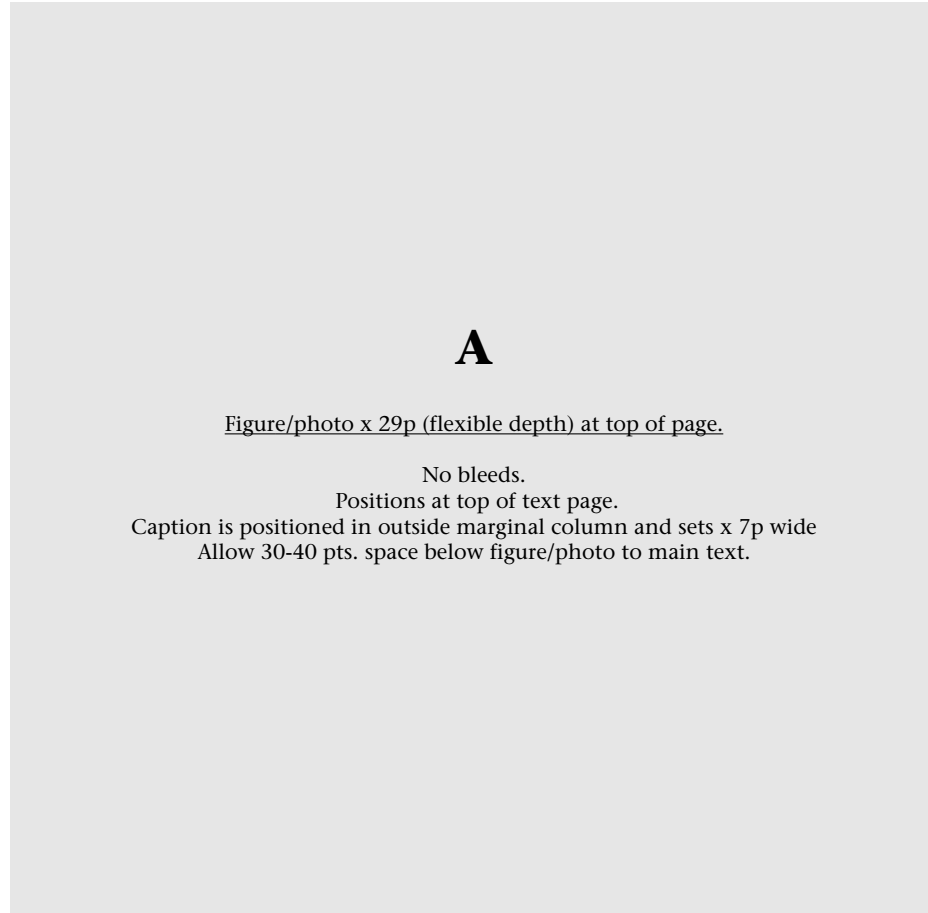
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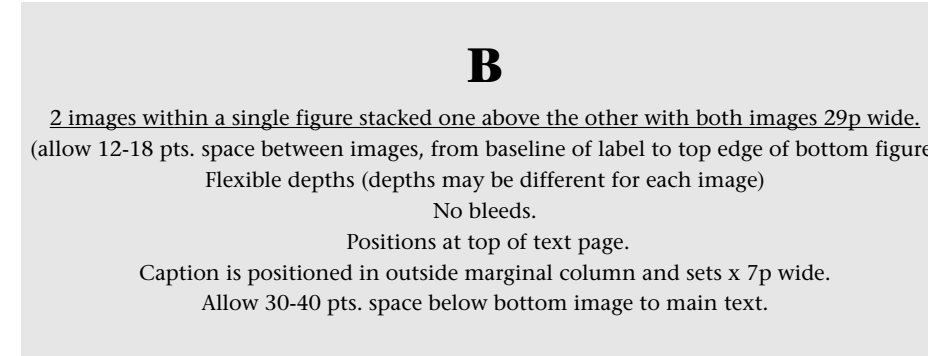
FIGURE 8.1
A Model for Understanding Human Sexuality
 Developed by Dennis Dailey, University of Kansas School of social Welfare. Based on "The Components of Sexuality," by H. L. Gochros, J. S. Gochros, and J. Fischer, in *Helping the Sexually Oppressed*, edited by J. S. Gochros and J. Fischer, 1986. Englewood Cliffs, NJ: Prentice-Hall. Reprinted with permission of Dennis Dailey.



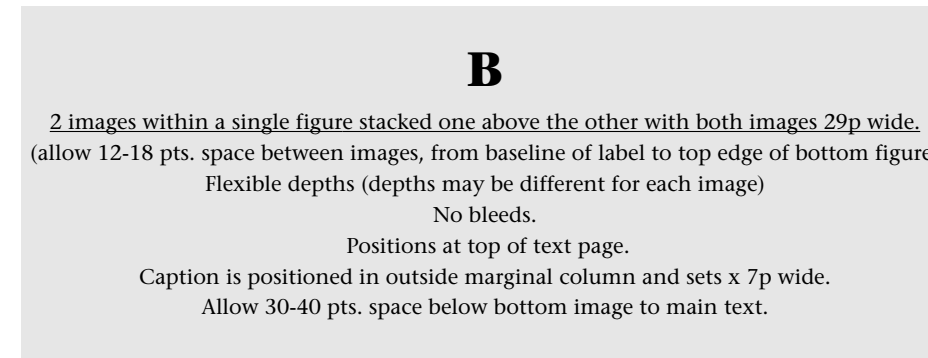
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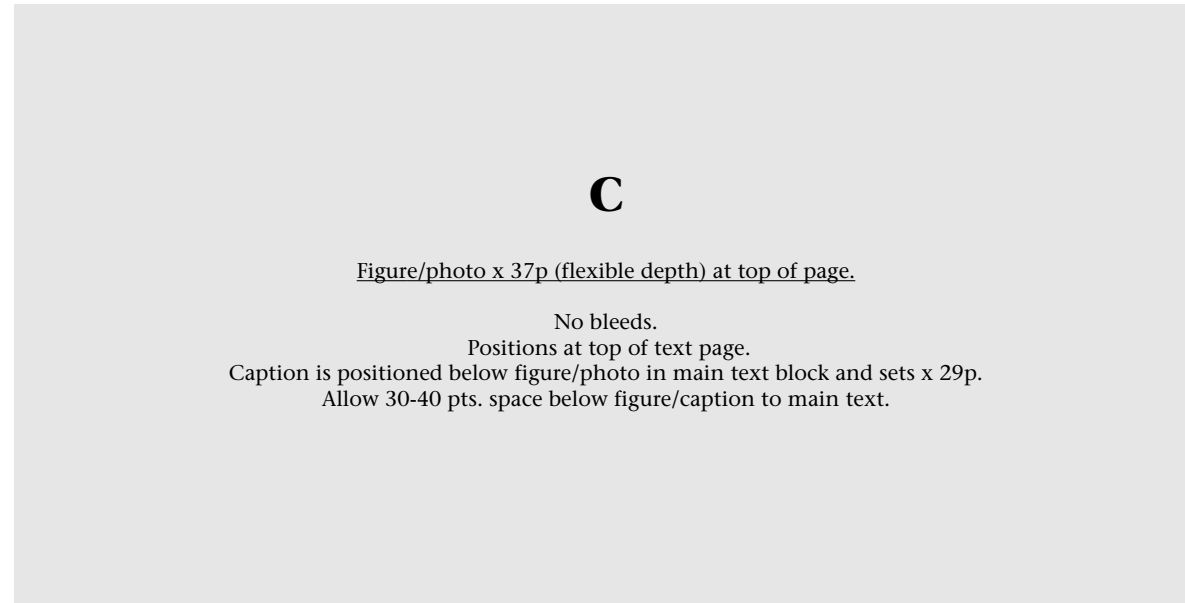
(a)



(b)

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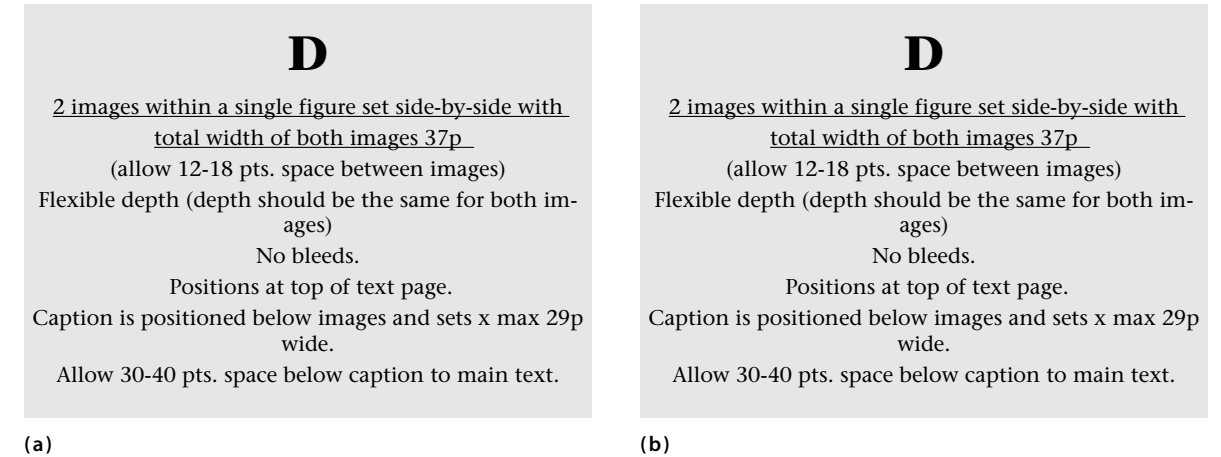
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**FIGURE 8.1** Models for Understanding Human Sexuality

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egl_tt

ein_tt

GLOSSARY INDEX

egl_tmdf

ABCX model of family stress and coping A way of viewing families that focuses on stressor events and crises, family resources, family difinitions and beliefs, and outcomes of stress pileup, 417–419

ein_lu

Abnormal coping

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Abortion

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Accessibility Ease in movement through and use of an environment, 206

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Accommodation In cognitive theory, the process of altering a schema when a new situation cannot be incorporated within an existing schema, 113, 287

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(AIDS) Disease caused by human immunodeficiency virus (HIV); involves breakdown of the immune system, 95. *See also* **Human immunodeficiency virus (HIV)**

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erf_lu

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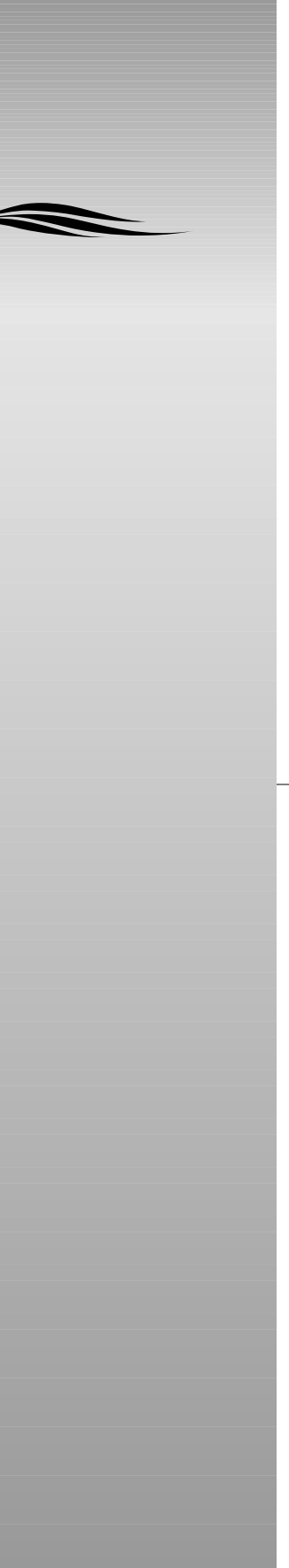
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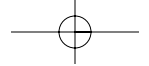
PART ONE



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Modified Format Designs





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PART ONE



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Modified Format Designs

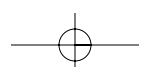


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Social Work — Before reading further, stop and consider that these words mean to you. The concept has taken on numerous, changing definitions since the idea emerged centuries ago. In our daily lives, you have likely heard of social work and possibly even met social workers, but you may not thoroughly know about the social work profession and its possibilities and contributions to the world.

bpt_tx

If you are reading this book, you are probably enrolled in your first social work class. You may have decided to pursue a degree in social work, you may be investigating the possibility of working on a degree in the field, or you may be selecting the course as an interesting elective. Regardless of your reasons for



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bch_nm CHAPTER 3

bch_tt

U.S. Poverty and the Implications for Format Design

A Chapter Subtitle Example

L. Ruth Struyk and Lisa M Mehlig
Northern Illinois University

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bchop_tx

ASK SOCIAL WORKERS WHAT DREW THEM TO THE PROFESSION and you will hear one common message: They liked the idea that they would be helping to make better or enhance people's lives. What led them to choose social work? Did they consider one of the other helping professions,

bch_nm CHAPTER 1

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A Glimpse into the World of Format Design

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CHAPTER OUTLINE

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- Introduction
- Perspectives In History
- The Role of History in the Social Studies Curriculum
- Web Quests
- Summary

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ASK SOCIAL WORKERS WHAT DREW THEM TO THE PROFESSION and you will hear one common message: They liked the idea that they would be helping to make better or enhance people's lives. What led them to choose social work? Did they consider one of the other helping professions,

bch_nm CHAPTER 1



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A Glimpse into the World of Format Design

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“Once we acknowledge that all women are affected by the racial order of society, then it becomes clear that the insights of multiracial feminism provide an analytical framework, not solely for understanding the experiences of women of color but for understanding all women, and men, as well.”

—MAXINE BACA ZINN AND BONNIE THORNTON DILL

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ASK SOCIAL WORKERS WHAT DREW THEM TO THE PROFESSION and you will hear one common message: They liked the idea that they would be helping to make better or enhance people’s lives. What led them to choose social work? Did they consider one of the other helping professions, such as psychology, sociology, teaching, or medicine? As you will learn throughout this book, social work is unique from other helping disciplines because of its broad scope of concern, its strong core values, and its commitment to social and economic justice.

bchop_et

The health professions emphasize the value of the interdisciplinary team approach. Social work and other helping professions certainly overlap, and social workers have adopted useful knowledge from many of these professions.

bchop_etau

—Extract Authurname

This chapter will illustrate the meaning of social work. In the remaining chapters, a more detailed picture of what social work is and what you need to learn to be an effective social worker.

bchop_ln

1. Social work is a professional activity that provides the opportunity to work with individuals, families, groups, organizations, and communities.
2. Almost half a million people in the United States are practicing social workers.

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PART ONE



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Sample Part Title

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Example of a Part Subtitle

bptop_ha

1 *Defining Delinquency*

2 *Measuring Delinquency*

3 *Violent Youth Crime*

Illegal Drug Use and Delinquency

bptop_tx

Social Work — Before reading further, stop and consider that these words mean to you. The concept has taken on numerous, changing definitions since the idea emerged centuries ago. In our daily lives, you have likely heard of social work and possibly even met social workers, but you may not thoroughly know about the social work profession and its possibilities and contributions to the world.

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“Once we acknowledge that all women are affected by the racial order of society, then it becomes clear that the insights of multiracial feminism provide an analytical framework, not solely for understanding the experiences of women of color but for understanding all women, and men, as well.”

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CHAPTER 1



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A Glimpse into the World of Format Design

CHAPTER OBJECTIVES

bopob_lu	How Does Change Happen? Women and Political Activism Building Alliances for the Twenty-First Century	Questions for Reflection Finding Out More on the Web Taking Action Readings
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Readers will:

- appreciate the importance of history in teaching social studies
- understand the role of historians in preserving history
- learn a variety of methods and materials to stimulate children's interest in history
- learn a variety of methods

Introduction

Teaching social studies as an interdisciplinary approach has resulted in increased instructional time at the elementary level as teachers integrate social studies into art, language arts, math, music, physical education, and science.

Over the past several years, social studies has become a more visible school subject, and the conception of learning social studies has evolved from doing and knowing to experiencing and making meaning.

Students may then check the World Wide Web for sites. Patricia gives the students a list with which they must start.

Web Sites for World War II

Holocaust Sites

<http://yvs.shani.net/>

This is the location for the United States Holocaust Museum.

<http://www.channels.no/AnneFran.html>

This is the location of the Anne Frank House in Amsterdam.

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ASK SOCIAL WORKERS WHAT DREW THEM TO THE PROFESSION and you will hear one common message: They liked the idea that they would be helping to make better or enhance people's lives. What led them to choose social work? Did they consider one of the other helping professions, such as psychology, sociology, teaching, or medicine?

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Box 4.2 Racism Then

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Individuals and societies have little hope of solving their problems and achieving meaningful change if they don't have accurate, complete and unbiased information on which to base their tough decisions. Knowledge is critical as societies decide which pollution control plans to adopt, whose taxes to cut or which wars to fight. And information is crucial as an individual decides which candidate to support, what doctor to visit, which movie to attend or what car to buy.

"Someday, my son will be called a spic for the first time; this is as much a part of the Puerto Rican experience as the music he gleefully dances to. I hope he will tell me. I hope that I can help him handle the glowing toxic waste of his rage. I hope that I can explain clearly why there are those waiting for him to explode, to confirm their stereotypes of the hot-blooded, bad-tempered Latino male."

—Martin Espada

bchba_ln

Individuals and societies have little hope of solving their problems and achieving meaningful change if they don't have accurate, complete and unbiased information on which to base their tough decisions. Knowledge is critical as societies decide which pollution control plans to adopt, whose taxes to cut or which wars to fight. And information is crucial as an individual decides which candidate to support, what doctor to visit, which movie to attend or what car to buy.

1. Audiences tend to avoid confused, obscure writing, and to seek more easily understood material.
2. Writers often can create feelings of immediacy and drama through the effective use of short sentences and paragraphs, particularly for television or radio.

If you are reading this book, you are probably enrolled in your first social work class. You may have decided to pursue a degree in social work, you may be investigating the possibility of working on a degree in the field, or you may be selecting the course as an interesting elective. Regardless of your reasons for As you will learn throughout this book, social work is unique from other helping disci-

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SECTION TWO



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ASK SOCIAL WORKERS WHAT DREW THEM TO THE PROFESSION and you will hear one common message: They liked the idea that they would be helping to make better or enhance people’s lives. What led them to choose social work? Did they consider one of the other helping professions, such as psychology, sociology, teaching, or medicine?

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bchsc_ha

A SAMPLE A HEAD

bchsc_tx

English economist Sir Josiah Stamp cautions us about relying too heavily on crime statistics. This is because some juveniles are falsely accused (believed to have committed a crime when they did not) and others are secret delinquents (their crimes are not known to the police).

bchsc_lb

- How would you define and describe lifespan development?
- What are the different views of lifespan development?
- Multidirectional. Constant changes take place in the dynamic between biology and culture during a person’s lifespan.

Many professions have developed a standardized approach to guide their members in establishing a competent and effective practice. As the quote from Jane Addams implies, ethics is defined by action. By definition, a **code of ethics** is a document, created by the members of the profession, that provides specific guidelines for appropriate and expected professional behaviors (Barker, 2003). The behavioral expectations are rooted in the values and ethical standards deemed acceptable by the profession. Many professions have developed a stan-

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This is a Section Box Title

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BOX A-LEVEL HEAD

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English economist Sir Josiah Stamp cautions us about relying too heavily on crime statistics.

“Since 1929 the Federal Bureau of Investigation (FBI) has collected crime data from local law enforcement agencies.”

—Quote Author

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bscba_qdau

Since 1929 the Federal Bureau of Investigation (FBI) has collected crime data from local law enforcement agencies. The data are published in an annual report entitled Crime in the United States, which is frequently referred to as the Uniform Crime Reports (UCR). The data are published in an annual report entitled Crime in the United States, which is frequently referred to as the Uniform Crime Reports (UCR).

bscba_lu

Number of arrests. These are crimes police know about. They may be crimes known.

Persons arrested. These are crimes police know about. They may be

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bscba_et

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The NASW definition includes four basic goals for the profession: (1) linking people to resources; (2) providing direct services ti individauls, families, and groups; (3) helpinh communities or groups provide or improve social and health services; and (4) participating in relevane legisltive processes (NASW, 1973, pp./ 4-5).

bcs_tt

Case Study Title

bcs_st

Case Study Subtitle

bcs_tx

As professor of sociology at the University of in Boulder. In 1975, he received his Ph.D. in sociology from Washington State Unsources of data: the Uniform Crime Reports, National Crime Victimization Survey, and self-report studies.

bcs_ha

Class Sizes Will Have to Go Up, Says Superintendent

The headlines in the local paper highlighted the problem for the Skyline School District. The superintendent and the school board had tried valiantly to keep the budget down this year, recognizing that the city was determined to hold the line against any tax increase.

Ultimately there had been no alternative for the school district except to submit an increased school budget, but, in the face of a threatened taxpayers' revolt, the city council had felt that it had not choice except to cut the budget. After the council meeting, the superintendent was quoted in the newspaper as saying that because of the budget cuts, the district would probably have to lay off teachers and that as a result, class sizes would be larger in the fall.

bcsac_tt

Sample In-Basket Item #1

bcsac_tx

Dr. Mr. Brown:

I am instructing my daughter, Mary, not to report to the girls' physical education classes any more, until some changes are made.

Mary, as you know (or maybe you don't know) is a shy girl. She doesn't like taking off her clothees in front of other people, and I can't say that I blame her. Ms. Peterson, the physical education teacher, however, has forced my daughter to disrobe in front of the other girls as part of compulsory shower regulations. I have told Mary to inform the teacher that she will

taker her bath at home, and therefore does not need to take a shower at school, but the teacher has rejected this alternative.

Sincerely,
(signed) Mrs. Patricia Herman

bcsac_au

bcs_hb

Suggested Learning Activities

bcs_hc

Analyze the Case Ultimately there had been no alternative for the school district except to submit an increased school budget, but, in the face of a threatened taxpayers' revolt, the city council had felt that it had not choice except to cut the budget. After the council meeting, the superintendent was quoted in the newspaper as saying that because of the budget cuts, the district would probably have to lay off teachers and that as a result, class sizes would be larger in the fall.

bcs_ln

1. What should the principal have done to discover the teacher's philosophy and methods of teaching before hiring him?
2. What is your evaluation of the strengths and weaknesses of the teacher's point of view and approach to teaching?
3. What factors may be affecting the pincipal's judgments about the acceptability of the teacher's approach?

bcs_hc

Analyze the Case The headlines in the local paper highlighted the problem for the Skyline School District. The superintendent and the school board had tried valiantly to keep the budget down this year, recognizing that the city was determined to hold the line against any tax increase. The attempt to economize had failed, however, to overcome the costs of inflation, building modifications, and higher salaries negotiated by teachers earlier in the year.

bcsfa_ha

Introduction

Everyone needs discipline: athletes need discipline, executives need discipline, soldiers need discipline.

Rules are developed and promulgated in order to facilitate and promote discipline. Without rules, there would be no discipline.

The following rules have been developed in order to achieve the discipline necessary for the orderly environment that is required for effective teaching and learning. By following these rules, you will become a good school citizen, develop beter self-discipline, and

continued

EXHIBIT 6.2 bcsfa_nm

*Folsom
School's
Student
Discipline
Code*

bcsfa_tt

EXHIBIT 6.2*continued*

become a more effective learner. Obey the rules. Be a good citizen. Be a positive example for others.

Behavioral Guidelines

All students will come to school prepared for class, appropriately dressed, and will necessary materials and equipment.

Students will be on time for school and for class. Punctuality is very important.

Student fighting or fooling around will not be tolerated anywhere in the school, on the school grounds, or coming to or going from school.

Everyone needs discipline: athletes need discipline, executives need discipline, soldiers need discipline. Rules are developed and promulgated in order to facilitate and promote discipline. Without rules, there would be no discipline.

Name: _____ Date: _____

Category 1 – You as a Person*Check Only 2:*

_____ Stress Management

_____ Time Management

_____ Career Alternatives for Teachers

_____ Physical Fitness and Wellness

_____ Personal Investments for Educators

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Principal's Dilemma*City Council Cuts School District's Budget*

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NOTES

1. Michael Barone and Grant Ujifusa, *The Almanac of American Politics* 1998. (Washington: Nation Journal, 1997), p. 1504.
2. Larry Sabato, *Goodbye to Goodtime Charlie*, 2d ed. (Washington, D.C.: Congressional Quarterly Press, 1983), p. 8.
3. Garry Wills, "The War Between the States . . . and Washington," *New York Times Magazine* (July 5, 1998), p. 26.

WEB EXPLORATIONS**www.stateneews.org**

A website by the Council of State Governments. Three or four state politics news stories are highlighted and, so you can read the whole story yourself, a link to the newspaper is provided; it is updated every day. Also, click on "Think Tanks," an excellent list of research organizations that focus on politics, government, and policy.

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SUMMARY

Contemporary state party organization has enjoyed a revitalization after experiencing a low point during the 1970s. They are providing more services to candidates running for elected government positions, even though they may never again control the nominating process the way traditional party organizations such as urban political machines did. Local party organizations still vary a great deal in terms of organizational strength and level of activity.